

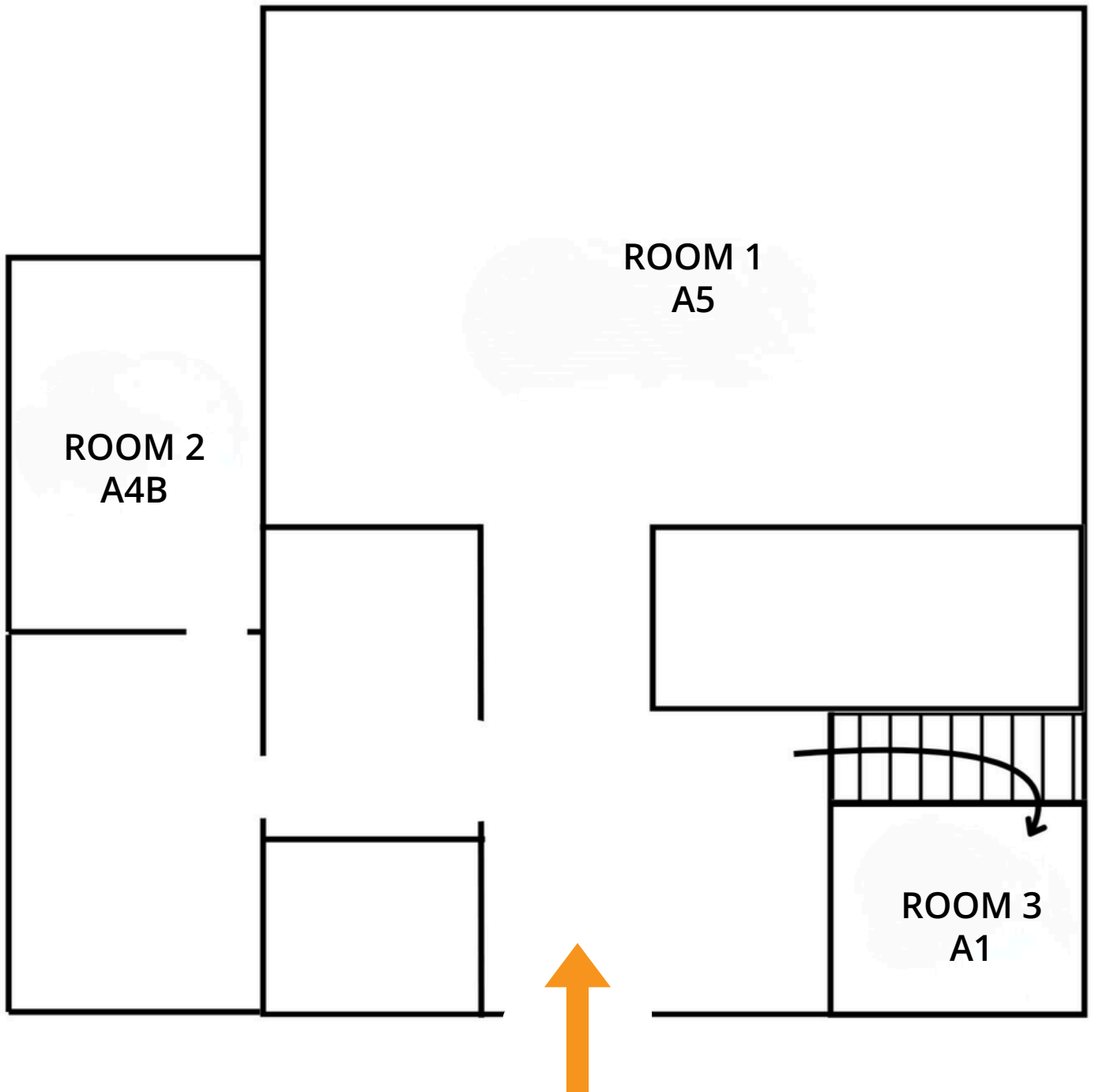


# FINAL PRESENTATIONS

## MASTER'S IN ART THERAPY

*2024-2026 Promotion*

METAFORA  
**art therapy**



## **Nikolett Nagy**

*Art Therapy and Brain Cancer.  
Renegotiation of The Body and Self.*

16:30 - ROOM 1, A5 (ENG)

This presentation explores how art therapy supports embodiment and psychological well-being in a person living with brain cancer. It considers how creative processes may offer a space for emotional expression and self-reflection, contributing to a more integrated experience of illness process.

## **Gayle Hadaway**

*Mess-Making and the Transformation of the  
Therapeutic Relationship in Child Art Therapy.  
Between Control and Chaos.*

17:00 - ROOM 1, A5 (ENG)

This presentation explores the therapeutic journey of a primary-aged child experiencing low self-esteem and academic anxiety. It examines how mess-making, play, and embodied art-making supported emotional expression, relational trust, and true self-development within the therapeutic relationship.

## **Elizabeth Zachariah**

*Art Therapy and Emotional Regulation in Primary  
School Children Experiencing Family Relocation.  
The Holding Frame.*

17:45 - ROOM 1, A5 (ENG)

This presentation explores non-directive art therapy as a holding space for emotional regulation in a primary-school child experiencing family transition. Drawing on psychodynamic art therapy and neuroscience, it examines how symbolic expression and safety may support regulation within a multicultural school context.

## Anna Tokareva

Art Therapy with Unpaid Carers.  
Reconnecting with the True Self through Self-  
Portraiture.

18:15 - ROOM 1, A5 (ENG)

This case presents a nine-session intervention with an older unpaid carer of an adult child with a disability. Drawing on psychoanalytic theory, it explores self-portraiture as a space for identity renegotiation and acceptance, supporting the service user in reconnecting with a sense of self beyond the caregiving role.

## Olesya Redeleanu

*Art Therapy and the Chronic Liminality of Forced  
Displacement.  
Holding the In-Between.*

19:00 - ROOM 1, A5 (ENG)

This case presentation follows a woman across forty-two sessions, exploring a question that emerged and could not be answered in words alone. When forced displacement collapses every container—home, body, profession, language, culture—what can art therapy hold between what was lost and what cannot yet be?

## Sarah Kostick

*Art Therapy with Adolescents.  
Cultivating Agency.*

19:30 - ROOM 1, A5 (ESP)

This case explores how an art therapy process supports the development of agency in a 12-year-old girl within an international school setting. It considers how creative exploration may open a space for choice, self-recognition, strengthening her capacity to participate actively in her own experience.

## Eftychia Nasioka

*Art therapy with a Refugee Woman.  
Holding the Rain and the Rainbow*

16:30 - ROOM 2, A4B (ENG)

This presentation explores the therapeutic journey of a refugee woman suffering from PTSD. It focuses on the different layers of psychodynamic containment in art therapy, revealing a multidimensional process which draws from relational, symbolic, spatial, and reflective material.

## Rasha Hussain

*Art Therapy and Childhood Anxiety.  
Making Room for Zeke.*

17:00 - ROOM 2, A4B (ENG)

This presentation shares two years of art therapy work with an eleven-year-old boy experiencing anxiety following a physical injury. It examines how symbolic play, embodied art-making, and the therapeutic relationship supports emotional regulation and the gradual externalisation of anxiety within a holding space.

## Jennie London

*Art Therapy with an Asylum- Seeking Adolescent Boy.  
Between Trauma and Silence.*

17:45 - ROOM 2, A4B (ENG)

This presentation investigates how art therapy helps to heal and integrate trauma and PTSD with an asylum-seeking adolescent boy. It explores how the 'reparative relationship', non-verbal aspects of the art therapeutic framework and collaborative art making offered tools to relieve low verbalization, anxiety and depression.

## Laudy Kareh

*Art Therapy and Dialysis.*

*The Unfolding of the Therapeutic Relationship Through the Creative Process inside the Open Dialysis Unit*

18:15 - ROOM 2, A4B (ENG)

This case explores how the creative process can support the emergence of a therapeutic relationship between the patient and the art therapist despite the challenges of an open setting, physical limitations, and issues of confidentiality. It reflects on how art therapy may create moments of containment within the medical environment.

## Gabriel Farias

*Therapeutic Relationship in Art Therapy for Children to Promote Prosocial Behavior and Reduce Anxiety.*

19:00 - ROOM 2, A4B (ENG)

Case presentation that showcases how building a strong relationship with the therapist allows a 9 year old boy to gain confidence in socializing with his peers. This case focuses on a therapeutic relationship over the course of two years and how much a child can change when the trust in the relationship is established.

## Delphine Demuru

*Art Therapy with a Woman Living with Dementia. Holding a Light in the Night.*

19:30 - ROOM 2, A4B (ENG)

This case explores how sensory engagement with art materials can support emotional and symbolic expression in an elderly woman with Alzheimer's disease. It shows how, through the creative process and relational validation, art therapy may offer a holding environment where emotional memories and aspects of the inner world emerge.

## Joanna Mier

*Art Therapy and Migrant Adolescents.  
Trusting the Hand to Hold.*

16:30 - ROOM 3, A1 (ENG)

This presentation examines how art therapy supports a thirteen-year-old migrant adolescent, exploring how it may provide a safe space for containment and foster a therapeutic relationship that supports adolescent development and the sense of self.

## Maria Stamouli Mojsov

*Art therapy and Learning Disabilities.  
Is Love blind?*

17:00 - ROOM 3, A1 (ENG)

This presentation explores how therapeutic love can sustain and complicate the art therapy process with a 10 year old boy with learning disabilities. It presents how care and attunement support emotional growth while also revealing complexities of dependency, countertransference and relational attachment.

## Ingrid Opthof

*Group Art Therapy & Neurodiversity.  
Between Silence and Belonging.*

17:45 - ROOM 3, A1 (ENG)

This presentation relates how a group art therapy space for neurodiverse children offers one minimally verbal autistic child a space in which to gradually find his voice. In art therapy, we see how agency, emotional expression, and belonging can emerge beyond conventional forms of communication.

# Katarzyna Hanula-Bobbitt

*Exploring Mentalization.*

*Art Therapy and The "Lying" Child.*

18:15 - ROOM 3, A1 (ENG)

This presentation explores how a child's storytelling, fantasy, and use of art materials reveals emotional depth within the art therapy relationship. It examines how moments of confusion, imagination, and connection become meaningful parts of the therapeutic process, shedding light on modes of mentalization.

